

# Contemplative Service



TRINITY ST. PAUL'S  
FAITH JUSTICE ARTS

135  
YEARS



TRINITY ST. PAUL'S  
UNITED CHURCH  
FAITH JUSTICE ARTS

May 17<sup>th</sup>, 2026 – 10:30 am  
*Seventh Sunday of Easter*  
*Contemplative Worship*

## WE GATHER

*"Let God arise...God gives the desolate a home to live in."*

**Musical Prelude:** *Sanctuary* by Tom Reynolds

**Acknowledgment of Traditional Territory**

Sumiko Jin

We gather on the traditional territories  
of the Wendat, the Haudenosaunee,  
and the Mississaugas of the Credit.  
This land remembers footsteps older than our hymns,  
rivers that taught the first prayers,  
covenants spoken and too often broken.

**May our worship be a small act of repair,  
learning to honour the earth,  
to seek right relations,  
and to walk gently upon ground that is sacred.**

**Words of Welcome**

Ann Russell

**Silence**

**Lighting of the Christ & Community Candles**

Ann Russell

We light the Christ candle... *(Candle is lit.)*

We light the community candle...*(Candle is lit.)*

**May these lights steady our hearts  
and guide us in love.**

**Chant:** VU 208 *Veni Sancte Spiritus* (Come, Holy Spirit)

**Veni Sancte Spiritus.** *(repeat)*

**Prayer**

**Holy Spirit,  
You make all things new.  
Quiet the noise within me.  
Release the worries I have carried here.  
Lift what feels heavy.  
Gather what feels fragmented.  
I breathe in Your peace.  
I breathe out my fear.  
May I find home in Your presence.**

**Silence**

**Choir Anthem:** 향기론 노래 *Hyanggiron Norae* (Music, Like Incense) by Deborah Park & Tom Reynolds

**WE REJOICE AND REFLECT**

*"Sing to God, sing praises to God's name."*

**Introduction to Scripture**

Sumiko Jin

**Scripture Reading:** Psalm 68:1–10, 32–35 (Japanese)

## Silence

**Chant:** *Bless our God, My Soul*

**Bless our God, my soul, and bless God's holy name.  
Bless our God, my soul, who leads me into life.**

## Reflection

### **WE ASK & YIELD**

*"God gives power and strength to the people."*

## Reflection Questions:

What does it look like for me to become shelter for another today?  
Where have I grown distant from the pain of my neighbour?  
Who is weary around me?  
How might I become strength for them?

## Silence

**God of compassion,  
make me attentive.  
Make me generous.  
Make me brave enough to love.**

## Offering Invitation

Ann Russell

As we return thanks to God,  
we offer what we have,  
our gifts, our compassion, our willingness.  
**May what we share become strength for the weary  
and hope for the world.**

## Offering Chant: *MV4 All Who Are Thirsty*

**All who are thirsty, all who are weak,  
come to the fountain.  
Dip your heart in the stream of life.**

**Let the pain and the sorrow be washed away  
in the waves of his mercy as deep cries out to deep.  
We sing**

***Refrain***

**1 Come, Christ Jesus, come. (4X)**

**All who are thirsty, all who are weak,  
come to the fountain.  
Dip your heart in the stream of life.  
Let the pain and the sorrow be washed away  
in the waves of his mercy as deep cries out to deep.  
We sing**

**2 Come, Christ Jesus, come (4X)  
Holy Spirit come.**

**Offering Prayer**

Ann Russell

**Generous God,  
receive these gifts.  
Receive also our lives.  
Use them in quiet ways and bold ways,  
for healing, justice, and peace.  
Amen.**

**Prayers of the People**

Lina Medaglia

**Scripture Reading: Psalm 68:1–10, 32–35 (Inclusive Bible)**

Sumiko Jin

**Yielding Prayer**

Ann Russell

**Holy Spirit,  
burn gently within me.  
Where I am fearful, give courage.  
Where I am hard, give tenderness.  
Where I am tired, give strength.  
Where I am divided, make me one.**

**May my life today  
carry the quiet power of love.**

**Silence**

## **WE GO**

*“Let God arise, and let God’s enemies be scattered.”*

**Chant:** *Ubi Caritas* (Live in Charity)

**Ubi caritas et amor, ubi caritas Deus ibi est.  
Live in charity and steadfast love, live in charity, God will dwell with you.**

**Life and Works of the Congregation**

**A Prayer for Wholeness and Healing led by James Finley:\***

<https://www.youtube.com/watch?v=KjqjRVs-Y7w&t=5s>



**Yielding Promise**

Ann Russell

**Closing Blessing**

**Creator, help us to live this day fully,  
walking gently upon the earth.  
Christ, help us to give ourselves away to others,  
being kind to everyone we meet.  
Spirit, help us to love this fractured world,  
bringing peace in all we do and say.  
Amen.**

**Musical Postlude:** *I. Adagio, II. Andante Sostenuto* from *Six Studies in English Folk Song* by Ralph Vaughan Williams (Trombone: James Mackey)

All depart in silence as able.

\*For more information about James Finley visit: <https://bit.ly/4kTOYKJ>



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## ANNOUNCEMENTS & UPCOMING EVENTS



### Asian Heritage in the United Church

<https://www.youtube.com/watch?v=pqubETWZEgM>

### Upcoming Dates:

#### May: Asian Heritage Month

May 22: Spirit of the Annex Fundraiser  
May 25: Marilyn Whiteley's Memorial Service - Chapel at 1 pm  
May 26: Celebrating Women in Ministry: In Honour of Dr. Marion Pope/Hymn Festival; Church Board Meeting  
May 31: Congregational Info Session - West Wing Development

June 12-13: Artists Wage Peace Weekend Event

June 21: Pride Sunday

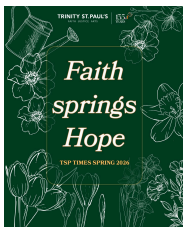
June 28: Pay Rent Sunday with guest speaker Right Rev. Carmen Lansdowne

**July** - Bloor & TSP Worship at TSP

**August** - Bloor & TSP Worship at St. Matthews

### June: Indigenous Heritage Month

### TSP Times - Spring 2026!



The Spring 2026 issue of the TSP Times has arrived! To read it, scan the QR code, see this week's e-newsletter, or pick up a hard copy at the Welcome Table.

## Church Board Meeting



The Church Board will be gathering for the final meeting before the summer hiatus in the Circles Room on **Tuesday, May 26, 2026** at 6:30pm. Please send any items to be included in the agenda to Dan Main [tspdanmain@gmail.com](mailto:tspdanmain@gmail.com) on or before **Sunday, May 17th**.

## TSP Spring Fundraiser - "Spirit of the Annex"!



Join us on Friday, May 22, 2026 at 7:00 PM for Trinity-St. Paul's United Church's third annual Spirit of the Annex Fundraiser! Celebrate the season with an evening of connection, creativity, and community in the heart of the Annex. This year's festivities will feature:



- A lively Human Library experience
- A fun and friendly game of Trivial Pursuit
- Exciting silent and live auctions
- Curated Music artfully selected by our DJ
- Bar, including **4 classic mocktails**, beer, wine, soft drinks, and food

### *Some exciting live auction items:*

- *A cottage stay at the Alboh Farm courtesy of David and Susan Craig, available from May 20 to June 11, 2026!*
- *A Caribbean meal cooked by our Minister!*
- *An authentic beaver top hat!*

Tickets: \$20/each \*Your ticket includes food throughout the evening. **Tickets are available after Sunday services in the Narthex or online at the QR code.** *We look forward to welcoming you for an inspiring evening of stories, laughter, and community spirit!*

## A Celebration of Women in Ministry

**Tuesday, May 26, 2026 · 1:00–6:00pm** at Emmanuel College Chapel (EM 319), 75 Queen's Park Crescent



Emmanuel College warmly invites you to *A Celebration of Women in Ministry*, an afternoon gathering honouring the life and legacy of Dr. Marion Pope, one of the first women ministers to serve in Korea and a United Church of Canada diaconal minister and nurse who devoted more than 36 years to overseas ministry. **Scan the QR code to register.**

# Artists Wage Peace: Palestinian and Jewish Artists and Peace Builders



**When:** June 12-13, 2026

**Where:** Trinity-St. Paul's United Church

**RSVP & view the full schedule at** [www.robinpacific.ca/event](http://www.robinpacific.ca/event)

ARTISTS WAGE PEACE brings creative souls together to spread love and end conflict. You are invited to this groundbreaking and timely two-day interfaith event organized by local artist Robin Pacific and the Middle East Working Group, co-sponsored by Trinity-St Paul's, Bloor St. and

Bathurst United Churches, St.

Thomas Anglican Church, Shir Libenyu Synagogue and the Women's Mosque of Canada.



427 Bloor Street West, Toronto, ON M5S 1X7 - (416) 922-8435 - [www.trinitystpauls.ca](http://www.trinitystpauls.ca)

*Trinity–St. Paul's is an inclusive community of faith of the United Church of Canada. We seek to be a centre for Faith, Justice and the Arts: **a place for faith**, where the Gospel is lived and shared; **a place for justice**, where voices are raised for peace and equity; **a place for the arts**, where beauty, imagination, and creativity reveal God's presence.*

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